



HAMASPIK  
THERAGEN™

Therapy Centered Around You



All the services your life needs.  
All the support you deserve.

# Exercise your right to grow.

As with everything we do, our **Physical Therapy** program refuses the one-size-fits-all approach. Instead, we look at where you want your physical health and abilities to be 6, 12 and 18 months from now—and beyond. Once we know your goals, we create a plan for getting there.



## Physical Therapy



### A license to change

Our licensed PTs are skilled at life-changing care and provide individual education with tangible therapeutic benefits.

### All in a day's work

Each therapy session includes targeted strength, gross motor, and transfer exercises to maintain and increase total physical functionality.

### Progress keeps going

When the regimen is done, our care isn't: You get a custom wellness plan to maintain all the gains you earned.

# Do your best. Be your best.

With our comprehensive **Occupational Therapy**, you find the motivation to realize your individual potential—whatever that may be. Every session is structured with you in mind, dedicated to maximizing your own abilities to perform life's daily tasks, including those involving sensory, fine motor, and endurance skills.



## Occupational Therapy



### We're occupied with you

Our licensed OTs take a holistic approach to care—treating the entire person. So your strengths are strengthened and all other areas are improved by leaps and bounds.

### Stronger every session

Sessions include a structured treatment plan, and we customize the environment and tasks to your physical, mental, emotional, and social abilities. So independence is within reach.



Make your  
voice heard.



# Communicate with a full mouth.

Hamaspik Theragen's **Speech Therapy** services are designed to improve your verbal and non-verbal language, comprehension skills, and oral-motor skills. Our speech-language pathologists (SLPs) are fully licensed, with an extensive understanding of the most advanced speech therapy methods.



**Speech  
Therapy**

## Fluent beyond speech

There are many ways to communicate. So our treatment also includes strategies to improve expression and understanding of nonverbal language. This holistic approach builds your own social knowledge base, empowering you to resolve situations independently.

## All-you-can-eat assistance

Our speech-language pathologists are also qualified to provide care for swallowing and feeding challenges. We incorporate strategies and exercises directly into your speech and language therapy—creating an all-encompassing treatment plan.



# Don't just live life—feel it.

You deserve to feel useful and fulfilled, inside and out. Our **Social Work & Counseling** sessions are designed to assess and identify your individual needs, developing new ways to improve your everyday emotional, behavioral and interpersonal experiences.

## Empathetic care...

Our licensed clinical social workers (LCSW) and licensed master social workers (LMSW) provide compassionate, competent care. They work to enhance your lifelong joy, one milestone at a time.

## ...to last a lifetime

First, we employ effective therapeutic methods to address your specific concerns. Then, we follow through with attentive, proactive support that helps prevent future difficulties and sets a foundation for healthy living.



**Social Working  
& Counseling**



# Live a healthier, happier life.

Our customized **Nutrition Services** are designed to improve life for members of the I/DD community with qualifying conditions. Enjoy the support of licensed nutritionists who help you make healthier dietary choices for your specialized medical needs. They offer personalized advice about food shopping and prep, and help you create long-term structure that feeds the good life.



**Nutrition  
Services**



## Catered to you

Nutrition is not just a science, it's also a matter of taste. Our focus is to work with what you like, so you see real results.

## Help with every bite

Your customized package includes education, daily food plans, detailed guidelines, and simple, achievable goals.

## Second helpings

We're here long term, monitoring you even after treatment to ensure your best quality of life.

Rule your  
own truth.





# Get in a great state of mind.

Whether you are looking to heal a past trauma, gain strength over an ongoing issue, or simply develop a healthier mental state, our proven **Psychiatry services** are for those who want better. Our licensed physicians take a holistic approach to mental health, addressing mental wellness as a multifaceted effort. You are always treated as an individual, with full respect for your specific mental health needs.



**Psychiatry  
Services**

## The best minds in the business...

Every Theragen physician is fully invested in your wellbeing. Expect compassionate care focused on pacing you through treatment to ideal results. We work with you to create a personalized, effective treatment plan, helping you become the best version of yourself.

## ...focused on you

We pursue a variety of methods for progress, including comprehensive mental health assessment, accurate diagnosis, holistic treatment, and strategic prevention. Our physicians follow an all-encompassing psychiatric program that has proven to work wonders for those in our care.



# Find your path to care

In the world of I/DD, **Psychological Evaluations** are the doorway to a future of support. Whether you're in the process of obtaining OPWDD eligibility classification, updating a previous evaluation, or seeking a new diagnosis, our compassionate psychologists provide thoughtful, detailed, individualized analysis. That's how we ensure you get the care you deserve, no matter which road you take to get there.



## Psychological Evaluations

### Work with a CCO agent...

Hamaspik Theragen often works with other Care Coordination Organizations to provide intake assessments for individuals seeking OPWDD eligibility classification. Our expert psychologists know the process inside-out, asking the right questions and providing the answers you need to get to the next step in your eval process.

### ...or work directly with us.

We are proud to assist I/DD individuals throughout the OPWDD certification process. Our psychologists administer high-quality, OPWDD-accepted testing to assess intellectual adaptability and behavior. Then, our fantastic care staff completes the process, so you can begin your care journey.



# The best things in life begin here.

Hamaspik Theragen is dedicated to providing individualized care that lifts the entire family unit, no matter your age, ability, or level of education. When you visit our clinic you are treated to world-class competence, professionalism, and positive encouragement. The result is newfound confidence and a sense of pride in your personal progress.

## Graduates our specialty

Ask about Article  
16 programs

## Children warmly welcome

Free Psychiatry services  
and Psychological evals

## Eligibility assistance

We are always  
here to help



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