



# Your loved one's journey starts here.

When you're living with or caring for someone with developmental challenges, it's easy to feel overwhelmed. There are lots of options available to OPWDD-eligible individuals—but navigating the maze of government funding can be complicated and bewildering.

The good thing is, we know care. For over 30 years, we've been empowering people with special needs to actualize their full potential. Our mission is to move our clients toward their goals and help them enjoy the highest quality of life. Our providers understand your individual needs and offer conscientious and comprehensive care.



Intake



Referral



Support Circles



Guidance

## Caring for your needs, present and future.

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## Intake

Get OPWDD-approved and start receiving services with a dedicated intake specialist

# Here's where it all starts.

Hamaspik provides the support and guidance you need to get OPWDD approval and start receiving services. Your intake specialist will walk you through an in-depth individual and family-needs assessment that jumpstarts the process and gets you through it all.



### Here's what you'll get out of our intake process:

- Discover what services and programs will work with your needs
- Plan personal growth goals that will help you flourish
- Learn how our community will help you to be your best self



## Referral

Put someone on a life-altering path to personal growth with a phone call

# Start someone's journey.

If you know an individual who is a match for our services, a referral to Hamaspik will put them on the path to personal growth. Our network of specialists can perform an evaluation and make recommendations for appropriate assistance—whether for services within Hamaspik, or those available in the community at large.

*Speak with a specialist at Hamaspik about Chezky's speech!*



### How do I know if someone is developmentally delayed?

- A toddler who has difficulty sitting, moving, or eating
- A child who can't communicate or doesn't understand when spoken to
- A person school-age and beyond who can't read or do age-appropriate tasks



## Support Circles

Parent Getaways and expert-moderated groups for meaningful advice from people who get it

# Give support. Get support.

Dealing with a loved one with developmental disabilities isn't easy. Through Hamaspik's support groups, you can get crucial emotional support (and practical advice, too) when you meet people on the same journey as yours. We offer small, expert-moderated local groups that are categorized by disability.

Hamaspik's guidance goes a step beyond the group, providing access to your expert moderator throughout the week as well. We'll keep up with you, stay in contact throughout the year, and support you through life's many occasions.

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