

## Working on getting to work.

Thinking about getting a job? When a Hamaspik client starts wondering when they will join the workforce, their care coordinator will help them get started with Prevocational Services, which is available to eligible individuals for up to 30 hours a week. This program is the bridge between DayHab and employment, preparing capable individuals for real-life employment.

A Prevocational staff member helps each individual choose job goals and learn the skills necessary to get to work—from

technical skills, like basic accounting, to soft skills, like training individuals to follow directions and focus on tasks. Through participation and volunteer work at Prevocational partnerships, individuals gain valuable training while also contributing meaningfully to the community. Our overarching goals: for individuals to emerge confident, independent, and ready to join the workforce.



## Learn skills to support your child's emotional growth.

*What should I do if my child... How should I react when...* Some children with developmental disabilities may have difficulty regulating their own behavior, leaving parents and caregivers at a loss to nurture the child, offer effective support, and manage challenging or harmful behavior. The child, along with other individuals living at home, need the opportunity to be raised in a safe and peaceful environment to establish emotional health for the future.

During Hamaspik's short-term Behavioral Intervention program, parents and caregivers meet with a trained Behavioral Intervention specialist to learn life-altering behavioral techniques that will help them address the special emotional needs of their child. The program equips parents and caregivers with the tools and tricks that professional social workers employ, effectively managing the child's behavior and improving the quality of life of everyone living at home.



ComHab



Achoseinu Academy



Camp Achoseinu



DayHab



Prevocational Services



Behavioral Intervention

## When we accomplish together, it's easier—and more fun.

As we go through life, we acquire crucial skills that help us get through it all. People with developmental disabilities often need some extra help acquiring those essential skills along their personal journeys. We offer a variety of skills development programs that cater to the diverse needs of the individuals in our care.

Hamaspik uses a person-centered approach to support individuals in learning new skills, achieving finesse, and experiencing life. We start by creating an awareness of where the individual wants to get to by setting goals. Once individual and mentor have sat together and planned a personal trajectory, the individual's activity-packed schedule is implemented.



Skills Development

## Improving everyday skills. Every day.

**BORO PARK:**  
**718.387.8400**  
4102 14th Avenue,  
Brooklyn, NY 11219  
Intake@HamaspikKings.org

**WILLIAMSBURG:**  
**718.387.8400**  
295 Division Avenue,  
Brooklyn, NY 11211  
Intake@HamaspikKings.org





**ComHab**

Mentors help individuals set personal goals for increased independence

## Meet personal goals with personalized attention.

Many individuals with developmental disabilities have a hard time filling unstructured time with constructive activities. Hamaspik ComHab provides you with goal-based, one-on-one activities, improving quality of life and providing skills for increased independence. Whether you want to learn how to meet new people or how to cross the street by yourself, caregivers work with you to put together

a personal goal plan.

We offer a high level of caregiver interaction and go the extra mile to encourage and provide support by rewarding you with gifts for reaching milestones, celebrating birthdays and holidays, and providing weekend getaways for parents to network with other families.

- Set unique personal goals and achieve them in a fun, engaging way
- Work with mentors one-on-one for personalized attention
- Improve scholastic, social, and life skills to help you flourish



**Achoseinu Academy**

Female graduates flourish under the care of our attentive staff

## A lifetime of learning starts here.

High school graduation is usually an exciting opportunity for growth and advancement. But Hamaspik realized there were no post-high school options for young women with developmental delays—a learning environment to keep them engaged, encourage social activity, and help them navigate their adult lives.



Our students flourish, achieve personal readiness, and learn self-empowerment under the care of our attentive staff in a supportive environment. Exclusively for post-high school girls approved for OPWDD services, Achoseinu brings students together so they can learn from each other, and helps them gain essential skills for a life full of independence.

- Achoseinu students are with like-minded classmates who grow with them
- Personal strengths-based approach offers job, social, and life skills
- Hands-on classes include computers, homemaking, gym, field trips, vocational training, & more

## Hamaspik uses a person-centered approach to support individuals in learning new skills, achieving finesse, and experiencing life.



**Camp Achoseinu**

Young female graduates join a mainstream sleepaway camp for the summer of their lives

## No one misses out on an amazing summer.

Based on the incredible success of Achoseinu Academy, Hamaspik opened Camp Achoseinu, a special project that integrates with mainstream upstate sleepaway camps. This trailblazing program allows young women with special needs to get the same summer experience as other girls, gaining crucial life and social skills while having the time of their lives. Between activities, trips, classes, and sports, the camp schedule is packed and offers ample opportunity for

young women to get plenty of social interaction, leadership opportunities, and fun in the sun.



**DayHab**

With a packed learning and activity schedule, here's where individuals who have graduated build skills

## A community of care, built around you.

Hamaspik DayHab: the destination for post-high school individuals with special needs to learn, grow, and flourish. This community center services all OPWDD-individuals by helping them maintain skills they've learned in the past, encouraging them to set personal goals--and achieve them.

A packed schedule offers a roster of skill-

based activities to explore. Choose from shopping, baking, vocational practice, and more. vocational practice, and more. By making learning fun, and structuring classes based on individuals who have similar learning goals, we make DayHab a place for individuals to pursue personal interests, develop interpersonal skills, and bring out the best in themselves.

- Person-centered philosophy gives individuals the ability to set their own schedule
- Warm, professional staff plan activities and help individuals reach goals
- Daily activities promote independence, friendship, and community inclusion